

SUMMER TRAVEL IS HERE! PORTLAND, KAUAI, AND A STAYCATION THE KIDS WILL ❤️ PG 75

GARDENING IS COOL AGAIN PG 61 / **HEALTH:** REAL PATIENTS SHARE THEIR UPLIFTING STORIES PG 111

SanDiego[®]

MAGAZINE

The **Pets** Issue!

DOG-FRIENDLY
DINING, YAPPY HOURS,
THE BEST PARKS,
AND MORE WAYS TO
SOAK UP THE SUMMER
WITH YOUR PET

Duke, living
his best life
at Coronado
Dog Beach →

**BOARDING | DAYCARE
TRAINING | GROOMING**



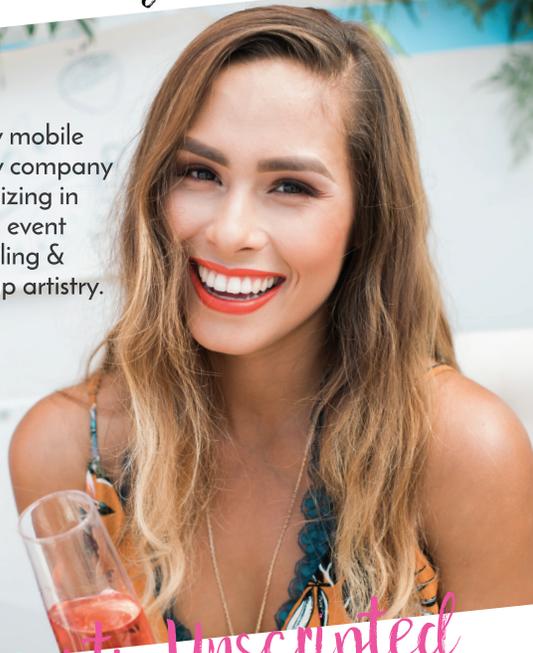
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TRAVEL

NEWS

Ready, Jet, Go

Five reasons to get packing this summer



↑ There's a new reason to staycation. **LA VALENCIA HOTEL** debuts its first spa next month, an indoor-outdoor bungalow-style setup with a signature orange blossom scent. You'll be able to bring the spa to your suite or villa with a Bath Butler who can draw up an aromatherapy soak or Seaweed Detox Bath. [lavalencia.com](#)

↑ Loved *Big Little Lies*? Take in the Monterey coast where the hit HBO miniseries was filmed and book a stay at **PORTOLA HOTEL & SPA**, where the cast and crew stayed while filming season two. Their Big Little Getaway package (from \$375) includes two nights accommodation, breakfast with bottomless mimosas, two tickets to the Monterey Bay Aquarium, and season one of *Big Little Lies* on DVD. Make sure to visit Paluca Trattoria, the waterfront café frequently featured on the show. [portolahotel.com](#)

→ Southwest Airlines recently began daily nonstop flights between San Diego and **PUERTA VALLARTA**, which means it's now just a quick 2.5 hours to sun, sand, and margaritas. [southwest.com](#)



↓ Tecate wellness resort **RANCHO LA PUERTA** has launched Core Essentials, an organic skin care line that runs 37 products deep, including a calendula and chamomile herbal face serum, pomegranate enzyme mask, chocolate body oil, and lavender hydrating mist (\$20–\$75)—all made with sustainably harvested and eco-certified ingredients, without synthetic fragrances or artificial dyes. [rancholapuerta.com](#)

↑ It's off to the races! The Santa Barbara Polo season—which counts Oprah Winfrey and Prince William among its past spectators—is in full swing, and this year, the luxe **BELMOND EL ENCANTO** resort is offering a polo package (from \$650) that includes accommodation, breakfast, welcome cocktails, and two tickets to a Sunday match. [belmond.com](#)



by ARCHANA RAM